

COMPETENCY BASED U.G. CURRICULUM
WITH FOUNDATION COURSE
WHOLE YEAR TIME TABLES
M.B.B.S. BATCH 2020-21

BLOCK - I

FOUNDATION COURSE

GENERAL ANATOMY & UPPER LIMB.

GENERAL PHYSIOLOGY, MUSCULO-SKELETAL SYSTEM & BLOOD.

GENERAL BIOCHEMISTRY, ENZYMES & Hb-CHEMISTRY.

EARLY CLINICAL EXPOSURE (E.C.E.)

AETCOM MODULE.

SELF DIRECTED LEARNING (S.D.L.)

SPORTS & EXTRA CURRICULAR ACTIVITIES (ECA)

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

(1)

TIME TABLE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 25.01.2021

DAYS	9am – 10am	10am – 12 Noon	12 Noon - 01pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm –5pm	5pm - 6pm	
TUESDAY (02-02-2021)	1A/FC-1.5 MBBS Programme, Foundation Course, Attendance, assessment criteria-by: Hon'ble Chairman Sir, - Principal (Dr.R.R.Sukul), CMS (Dr. Bholu Kumar Singh, Director G.A.Dr.(Col) Azam Khan) Introduction Heads of phase-1 & of Comm. Medicine. (Dr.S.Bhatnagar, Dr.M.M.Khan, Dr.Narendra Kumar, Dr.S.P.Sinha)		L U N C H	1A/FC 1.7-8 Post MBBS Opportunities by: (Dr. Col. Azam Khan)	1A/FC 1.4 Anti ragging Rules, Hostels, Provost names, Contact details, Hostel Rules & Reg: by CMS (Dr. Bholu Kumar Singh)	1A/FC-1.5 Virtual tour by Chairman Sir's Nominee. (By Dr. Shamim Ahmad Khan)		-----	
WEDNESDAY (03-02-2021)	1A/FC-1.5 Medical Facilities for students by: Director G.A.Dr.(Col) Azam Khan	1A/FC-1.5 Library facilities, College website, Student Portal by: (Dr.Ashok Gupta, Mr. Joshi, Mrs.Anju Tiwari, Mr. Javed Akhtar & Mr. Kapil)		1A/FC 1.7-8 Research Opportunities, Student Exchange programme. (Dr.Malay Banerjee, Dr. Shailesh Yadav & Dr. Mandira Sharma)	1A/FC-1.5 BDS Programme By: - Dr.P.Mishra, Principal Career PG Dental Coll,Lko.	1A/FC 1.7-8 Alumni speech by: (Dr. Zahwa Rizwan & Dr. Govind Yadav)		-----	
THURSDAY (04-02-2021)	1A/FC-1.5 Past, present, future of college: (Dr. Meher-Unisa)	1D/FC-1.6 Exposure about super speciality (Dr. Anuj Tripathi)		1B/FC-1.1 Med Prof. & Physician's role in society: (Dr. S.P. Sinha)	1E/FC-1.9 Principles of Family Practice : (Dr. Saurabh Chaurasiya)	1A/FC-1.5 Orientation to college ,campus ,facilities & faculty -by visit (Dr. B. K. Singh, Dr. Suman Gupta, Dr. Arvind & Mr. P.B. Singh)		-----	
FRIDAY (05-02-2021)	1C/FC-1.10 9am – 11am Alternate Health Systems in country Dr. A. Majid Dr. Deepanshu Shukla, & Dr. Arun Awasthi			11am – 12 Noon 1C/FC-1.10 H/O Indian Medicine Dr. S. K. Awasthi	1E/FC-1.8 National Health Priorities and policies – Community Medicine: (Dr. V.P Srivastava)	1E/FC-1.8 Health care system and its delivery- Community medicine. (Dr. Alpana Saxena & Dr. Vandana Verma)	1A/FC-1.3 Students expectation from the society (Dr. Sumaiya Ahmad)		-----
SATURDAY (06-02-2021)	1A/FC-1.2 9am – 11am Roles of & Indian Medical Graduate & Relate it to the societal impact (Dr. Malay Banerjee / Dr.Shailesh Yadav)	11am – 12 Noon 4B/FC-4.1 White Coat Ceremony		4A/FC-4.1 Professional Development & Ethics (Introduction to AETCOM) [Dr. M. M. Khan]	4A/FC4.1 -Professional – Development & Ethics (Topic- Professional qualities of a physician) [Dr. S.K. Pathak]	FC-6.0 Extra curr. Music /Dance Location- Auditorium (Ms. Bela Chatt., Ms. Kavita Upadh., Ms.Chetna Sriv., Dr.Afreen, Dr. Stuti)	FC-6.0 Sports (Cricket) Location-College Ground (Dr. Suman Gupta, Dr.Jaigam Abbas, Dr. Ruth Shifa & Dr. V.P.Srivastava)		
SUNDAY (07-02-2021) (ONLINE CLASS)	8am – 9am 4G/FC-4.8 Yoga and Meditation (Dr. S.B.Purohit & Dr. Pushpalata Sachan)	9am – 12 Noon 5B/FC-5.2 Local language (Hindi) (Dr. Shailesh Yadav, Dr. Rashmi)		4A/FC4.2 Professional – Development & Ethics (Topic- Professional role play of a physician) [Dr. Ruth Shifa]	4G/FC-4.8 Yoga and Meditation (Mr. Anuj, Dr. S.B.Purohit & Dr. Pushpalata Sachan)	FC-6.0 Extra curr. Music /Dance Location- Auditorium (Ms. Bela Chatt., Ms. Kavita Upadh., Ms.Chetna Sriv., Dr. Afreen Hasan, Dr. Stuti Tandon)	FC-6.0 Sports(Badminton) Location-College Ground (Dr. Suman Gupta, Dr. Jaigam Abbas, Dr. Ruth Shifa & Dr. V.P.Srivastava)		

ORIENTATION: F.C.- SKILL:
F.C. = Foundation Course

F.C. -FIELD VISIT:

F.C -AETCOM:

F.C-SPORTS & ECA:

F.C.-LANGUAGE & COM :

SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021



Prof. (Dr.) M.M.Khan
Dean Academics



Prof. (Dr.) R.R.Sukul
Principal & Dean

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW (2)

TIME TABLE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 25.01.2021

DAYS	5pm - 6pm
MONDAY (01-02-2021)	CANCELLED
TUESDAY (02-02-2021)	
WEDNESDAY (03-02-2021)	
THURSDAY (04-02-2021)	
FRIDAY (05-02-2021)	
SATURDAY (06-02-2021)	

L = Lecture P = Practical Demo = Demonstration Tut. = Tutorial SGD = Small Group Discussion PBL = Problem Based Learning DOAP = Demonstrate Observe Assist Perform

BATCH-A: R. No 1-33

BATCH-B: R. No 34-66

BATCH-C : R. No 67-100

VENUE: L.T.-1

AN: 

PY: 

BI: 

CM: 

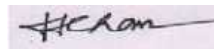
E.C.A.: 

AETCOM: 

SPORTS & ECA: 

F.C.: 

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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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TIME TABLE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

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Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 25.01.2021

DAYS	9am – 10am	10am – 12 Noon	12 Noon - 1pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm – 5pm
MONDAY (08-02-2021)	01. AN 1.1- (L) Introduction and Terminologies in Anatomy (Part-1)	02. PY /BI- (P) Introduction to Physio Lab Batch-A & B Introduction to Bio-Chem Lab Batch-C	L U N C H	03. PY – (L) Introduction to Physiology Subject (Part-1)	04. AN – (P) Introduction to Anatomy Practical & Dissection Hall		05. FC-6.0 Sports
TUESDAY (09-02-2021)	06. PY – (L) Introduction to Physiology (Part-2)	07. AN 1.1- (L) Introduction and Terminologies in Anatomy (Part-2)		08. AN 1.2-L Composition of Bone & Bone Marrow	09. PY 1.1, 1.3, 1.4, 1.9(VI-PA) Cell Functions, Communications, Apoptosis.	10. BI - (L) Introduction to Biochemistry	11. FC-6.0 Sports
WEDNESDAY (10-02-2021)	12. BI 1.1 (HI-PY 1.1) Structure & Functions of Cell & Sub-Cellular Organelles	13. AN 2.1, 2.2-L Parts, Blood & Nerve Supply Of Long Bone. Enumerate Laws of Ossification		14. PY 1.2 -L Homeostasis & its Disturbances	15. FC-6.0 Sports		16. AN (P) Revision
THURSDAY (11-02-2021)	17. PY 1.3, 1.4-L Intercellular Communications. Apoptosis	18. AN 2.3, 2.4-L Special Features of a Sesamoid Bone Cartilage-types, structure & distribution		19. BI 3.1- SGD Carbohydrates Importance, Classification, Monosaccharides	20. BI 18.1 (SDL) Nutrition	21. PY 10.13-14 (SDL) Smell & Taste	22. AN (P) Revision
FRIDAY (12-02-2021)	23. AN 2.5-L Various Joints with Subtypes and Examples.	24. PHYSIO-HAEMAT. LAB (BATCH-B) (PY 2.11) Study of Microscope. PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 11.13) General Examination. BIOCHEMISTRY LAB (BATCH-A) (BI 11.1) Lab Equipments & Waste disposal.		25. AN 2.6-L Concept Of Nerve Supply Of Joints.	26. BI 3.2, 3.3 -L Reaction of Monosaccharides & Disaccharides	27. PY 1.5-SGD Transport Mechanism Across Cell Membrane.	28. PY 1.1, 1.3, 1.4, 1.9 -L Cell func. & communication Apoptosis.
SATURDAY (13-02-2021)	29. AN 4.1-L Different types of skin & Dermatomes body.	30. PHYSIO-HAEMAT. LAB (BATCH-C) (PY 2.11) Study of Microscope. PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 11.13) General Examination. BIOCHEMISTRY LAB (BATCH-B) (BI 11.1) Lab Equipments & Waste Disposal.		31. PY 1.6, 1.7-L Fluid Compartments Of The Body. Concept of pH & Buffer System In The Body.	32. AN 13.1 To 13.7-SGD Introduction to Osteology, Embryology, Surface Marking	33. CM 1.1 Concept of Health.	34. CM 1.1 SDL Health

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BATCH-B: R. No 34-66

BATCH-C : R. No 67-100

VENUE: L.T.-1

AN: ■ PY: ■ BI: ■ CM: ■ E.C.E.: ■ AETCOM: ■ F.C- SKILLS: ■ F.C - SPORTS & ECA: ■ F.C.– LANGUAGE & COM: ■ F.C. FIELD VISIT: ■

SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021



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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2020

w.e.f.: 01.02.2021

Date: 15.01.2021

DAYS	5pm -6pm
MONDAY (08-02-2021)	35 BI SPORTS
TUESDAY (09-02-2021)	36.PY 1.5 – (SDL) Transport across cell membrane.
WEDNESDAY (10-02-2021)	37. AN 1.2 (SDL) Composition of Bone marrow
THURSDAY (11-02-2021)	38. AN ECA
FRIDAY (12-02-2021)	39. AN 2.6 - SDL Concept of nerve supply of joints .
SATURDAY (13-02-2021)	40. PY 1.3-4 (SDL) Apoptosis.

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AN:  PY:  BI:  CM:  E.C.E.:  AETCOM:  F.C- SKILLS:  F.C - SPORTS & ECA:  F.C.– LANGUAGE & COM:  F.C. FIELD VISIT: 

SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2020



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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

(5)

TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

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Ref: CIMSH/FEB/2020

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DAYS	9am – 10am	10am – 12 Noon	12 Noon - 1pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm – 5pm	
MONDAY (15-02-2021)	41. AN 3.1, 3.2 - L Classification of Muscle Tissue. Parts of Skeletal Muscle.	42. PHYSIO-HAEMAT. LAB (BATCH-A) (PY 2.11) Study of Microscope. PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 11.13) General Examination. BIOCHEMISTRY LAB (BATCH-C) (BI 11.1) Lab Equipments & Waste Disposal.	L	43. PY 1.8- (L) RMP and Its Molecular Basis	44. AN 9.1 (P) Dissection of Pectoral Region.		45. FC-6.0 Sports	
TUESDAY (16-02-2021)	46. 2E/FC-2.8 Immunization requirements of health care professionals (Dr. Sudhanshu)			U	47. 2C/FC-2.4. Handling biomaterial (Dr. Saurabh Chaurasiya)	48. 4D/FC-4.3. Commitment to lifelong learning as part of physicians growth [Dr. Mandira Sharma]	49. 3A/FC-3.1 National Health Policies Comm. Medicine (Dr. S.P. Sinha)	
WEDNESDAY (17-02-2021)	50. BI 5.1- (L) Proteins Definition, Importance & Classification.	51. AN 10.1, 10.2- (L) Gross Anatomy: Axilla.			N	52. PY 3.7-3.13-(L) Muscle & Muscle Proteins.	53. AN 9.1 (P) Dissection Of Pectoral Region.	
THURSDAY (18-02-2021)	55. PY 3.8 To 3.13-(L) Properties of Muscle.	56. AN 10.10 To 10.13- (L) Gross Anatomy: Scapular Region.		C		57. BI 5.1-(L) Proteins Structure, Iso electric pH	58. FC-6.0 Sports & ECA	
FRIDAY (19-02-2021)	59. AN 10.10- SGD Gross Anatomy: Deltoid Region.	60. PHYSIO-HAEMAT. LAB (BATCH-B) (PY 2.11) Haemoglobin- DOAP PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 5.12) Radial Pulse & BP Exm. BIOCHEMISTRY LAB (BATCH-A) (BI 11.08) estim. of serum protein.			H	61. AN 11.1-SGD Gross Anatomy: Arm.	62. BI 5.1 AETCOM 1.1 Exploratory Session	63. PY 3.4-SGD NMJ & Transmission.
SATURDAY (20-02-2021)	65. AN 10.5, 6- (L) Thoracic Outlet Syndrome, Brachial Plexus.	66. PHYSIO-HAEMAT. LAB (BATCH-C) (PY 2.11) Haemoglobin- DOAP PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 5.12) Radial Pulse & BP Exam. BIOCHEMISTRY LAB (BATCH-B) (BI 11.08) estim. of serum protein.		H		67. PY 3.5, 3.6 (VI-AS, PH) PA Drugs acting at NMJ. Myaesthesia gravis.	68. AN 10.5, 6-PBL Thoracic Outlet Syndrome, Brachial Plexus	69. CM Tutorial

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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

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Date: 15.01.2021

DAYS	5pm -6pm
MONDAY (15-02-2021)	71. PY ECA
TUESDAY (16-02-2021)	72. PY 1.8 - (SDL) RMP
WEDNESDAY (17-02-2021)	73. BI ECA
THURSDAY (18-02-2021)	74. BI 5.1- (SDL) Protein structure
FRIDAY (19-02-2021)	75. AN 10.10 -SDL Deltoid region
SATURDAY (20-02-2021)	76. AN SPORTS

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2020



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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

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Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 15.01.2021

DAYS	9am – 10am	10am – 12 Noon	12 Noon - 1pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm – 5pm
MONDAY (22-02-2021)	77. AN 65.1 (L) Introduction To Microscope. Epithelium.	78. PHYSIO-HAEMAT. LAB (BATCH-A) (PY 2.11) Study of Hb. PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 11.13) General Examination. BIOCHEMISTRY LAB (BATCH-C) (BI 11.1) Lab Equipments & Waste Disposal.	L U N C H	79. PY 1.2- (L) Disturbances in Homeostasis.	80. AN-65.1-65.2 (P) Histology: Various types of epithelium & ultrastructure.		81. FC-6.0 Sports
TUESDAY (23-02-2021)	82. PY 1.3- (L) Intercellular connection.	83. AN 77.1 -6-(L) Embryology: 1 st Week Of Human Development.		84. AN 78.1 -5 - (L) Embryology: 2 nd Week Of Human Development.	85. 5C/ FC-5.3 language (English) (Ms. Reena Mary, Ms. Rekha Srivastava, Dr. Mehrunnisa)	86. BI 11.6- (L) Colorimetry	87. FC-6.0 Sports
WEDNESDAY (24-02-2021)	88. BI 11.18- (L) Spectrophotometry	89. AN 79.1 -6- (L) Embryology 3 rd Week Of Human Development.		90. PY (L) Seminar	91. AN 6.1 To 6.3 - PBL Lymphatic system		
THURSDAY (25-02-2021)	92. 4G/ FC-4.8 Guided Meditation (Mr. Anuj, Dr. S.B.Purohit & Dr. Pushpalata Sachan)	93. AN 7.1 -8- (L) Nervous system		94. BI 3.1- (L) Carbohydrate- Polysaccharides.	95. AN 79.1 To 75.5-PBL Introduction- Down's Syndrome: Cell Division, Inheritance & Applied Genetics.		
FRIDAY (26-02-2021)	96. AN 10.5 – SGD Brachial plexuses.	97. PHYSIO-HAEMAT. LAB (BATCH-B) (PY 2.11) Haemoglobin.. PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 5.12) Radial Pulse & BP Exm. BIOCHEMISTRY LAB (BATCH-A) (BI 11.08) Esti. Of Serum Protein.		98. AN 7.1, 7.8- (L) Peripheral Nervous System	99. BI 11.16-PBL Auto analyser & Use of QC	100. PY (P) Tutorial	101. FC-6.0 Sports
SATURDAY (27-02-2021)	102. AN - (P) Tutorial	103. PHYSIO-HAEMAT. LAB (BATCH-C) (PY 2.11) Haemoglobin.. PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 5.12) Radial Pulse & BP Exam. BIOCHEMISTRY LAB (BATCH-B) (BI 11.08) Esti. Of Serum Protein.		104. PY 3.1-3.18 – (SGD) Nerve & Muscle. Revision	105. CM visit to PHC		

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(8)

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w.e.f.: 01.02.2021


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DAYS	5pm -6pm
MONDAY (22-02-2021)	106. AN 65.1-2-SDL Types of epithelium.
TUESDAY (23-02-2021)	107. PY SPORTS
WEDNESDAY (24-02-2021)	108. PY 1.3 – (SDL) Inter cellular connection
THURSDAY (25-02-2021)	109. BI 11.18 - (SDL) Spectrophopometry
FRIDAY (26-02-2021)	110. BI SPORTS
SATURDAY (27-02-2021)	111. AN 10.5 - SDL Brachial plexus

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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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DAYS	9am - 10am	10am - 12 Noon	12 Noon - 1pm	1pm-2pm	2pm - 3pm	3pm - 4pm	4pm - 5pm
MONDAY (01-03-2021)	112. AN 10.12-SGD Shoulder Joint.	113. PHYSIO-HAEMAT. LAB (BATCH-A) (PY 2.11) Haemoglobin PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 5.12) Radial Pulse & BP Exam. BIOCHEMISTRY LAB (BATCH-C) (BI 11.08) Estim. of Serum Protein.	L U N C H	114. PY 3.9- (L) Molecular basis of Skeletal muscle contraction.	115. AN 11.1 To 11.3-(P) Dissection: Arm.		116. PY-L Revision
TUESDAY (02-03-2021)	117. PY 3.11, 3.15 (HI-BIO) Changes During Muscle Contraction & Exercise Metabolism	118. AN 11.5, 11.6- (L) Cubital Fossa.		119. AN 12.11-12 SGD Dorsal Forearm.	120. PY3.11,3.15-SGD Changes During Muscle Contraction & Exercise Metabolism	121. BI AETCOM Module 1.2 Visit To Lab	
WEDNESDAY (03-03-2021)	122. BI 4.1 (VI-G.Med) Lipids Classification & Fatty Acid Reactions	123. AN 67.1 To 67.3-(P) Histology: Basic Tissue & Muscle.		124. PY 3.10-11-(L) Types & Grades Of Muscle Contraction	125. AN 10.12 -(P) Dissection: Shoulder joint.		
THURSDAY (04-03-2021)	126. PY 3.9- (L) Molecular Basis Of Smooth Muscle Contraction.	127. AN 12.1,12.2 - (P) Dissection Ventral Forearm.		128. BI 4.1-(L) Lipids- Phospholipids, Cholesterol.	129. AN 11.5 - (P) Dissection: Cubital Fossa.		
FRIDAY (05-03-2021)	130. AN -SGD Anatomy Nerves & vessels of ventral forearm	131. PHYSIO-HAEMAT LAB (BATCH-B) (PY 2.11) RBC Count PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 3.14) Ergography BIOCHEMISTRY LAB (BATCH-A) (BI 11.8) Estimation of albumin & A G Ratio		132. AN 12.1, 12.2 - (L) Ventral Forearm.	133. 3A/FC-3.1 Discuss the role of physician in health care system) [Dr. Indu K. Pisharody]	134. 3A/FC-3.1 Discuss the role of physician in health care system) [Dr. Drakhshan Rizvi]	135. FC-6.0 Sports & ECA
SATURDAY (06-03-2021)	136. AN 67.1 -68.3- (L) Histology: Basic Tissue & Nervous Tissue.	137. PHYSIO-HAEMAT. LAB (BATCH- C) (PY 2.11) RBC Count. PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 3.14) Ergography. BIOCHEMISTRY LAB (BATCH-B) (BI 11.8) Estimation of albumin & A G ratio		138. PY 3.13 E. C. E. Case Resolution MDM.			139. FC 6.0 Sports

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AN: PY: BI: CM: E.C.E.: AETCOM: F.C- SKILLS: F.C - SPORTS & ECA: F.C.– LANGUAGE & COM: F.C. FIELD VISIT:



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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 15.01.2020

DAYS	5pm –6pm
MONDAY (01-03-2021)	140. AN – 10.12 - SDL Shoulder joints.
TUESDAY (02-03-2021)	141. AN ECA
WEDNESDAY (03-03-2021)	142. PY 3.11 – (SDL) Muscle contraction
THURSDAY (04-03-2021)	143. PY ECA
FRIDAY (05-03-2021)	144. BI 4.1 – (SDL) Lipids
SATURDAY (06-03-2021)	145. BI ECA

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AN: ■ PY: ■ BI: ■ CM: ■ E.C.E.: ■ AETCOM: ■ F.C- SKILLS: ■ F.C - SPORTS & ECA: ■ F.C.– LANGUAGE & COM: ■ F.C. FIELD VISIT: ■

SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021



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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

(11)

TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 15.01.2020

DAYS	9am – 10am	10am – 12 Noon	12 Noon - 1pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm – 5pm	
MONDAY (08-03-2021)	146. AN – 10.12 - SGD Shoulder joints.	147. PHYSIO-HAEMAT. LAB (BATCH-A) (PY 2.11) RBC Count. PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 3.14) Ergography. BIOCHEMISTRY LAB (BATCH-C) (BI 11.8) Estimation of albumin & A G ratio	L U N C H	148. PY 2.4 – (SGD) Structure & Functions Of RBC.	149. AN 11.1, 11.2 - (P) Dissection: Deltoid Region.			
TUESDAY (09-03-2021)	150. PY 2.4 - (L) Erythropoiesis	151. AN 12.7 – 12. 13- (L) Radial Nerve & Radial Artery.		152. AN 12.3 -6-(L) Introduction Carpal Tunnel Syndrome.	153. PY 2.12 (BI-PA) Hb, PCV and Blood Indices.	154. AN 13.3 –(P) Dissection Elbow Joint.	155. FC- 6.0 Sports	
WEDNESDAY (10-03-2021)	156. 3A/FC 3.3 Principles of primary care (General and Comm. based care) (Dr. Col. Azam Khan & Dr. Sumaiya Ahmad)			157. 5B/FC 5.2 Local language (Hindi)/ English Ms. Reena Mary, Ms. Rekha Srivastava, Dr. Aditi Awasthi)			158. 5B/FC 5.4 Computer (basic computer skill) (Mr. Joshi, Mrs. Anju Tiwari, Mr. Javed Akhtar Dr. Ashok Gupta)	
THURSDAY (11-03-2021)	MAHA SHIVRATRI							
	159. AN 4.1 (SDL) Different types of Skin & Dermatons	160. AN 10.10 (SDL) Deltoid Revision		161. PY 2.12 (SDL) Hb, PCV and Blood Indices.	162. BI 4.1 – (SDL) Lipids	163. AN Sports.		
FRIDAY (12-03-2021)	164. 4B/ FC 4.2 Value of integrity and respect with peers, senior and health care workers and patients Video clip (Dr. Ashish Verma)	165. PHYSIO-HAEMAT LAB (BATCH-B) (PY 2.13) Reticulocyte Count. PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-A) (BI 11.2) Preparation of Buffers & Estimation of Ph		166. AN 12.4 -10 - (L) Dorsum of Hands.	167. BI 5.2,6.12 (HI-PY-VI, PA,G.Med) Abnormal Hemoglobin	168. PY AETCOM Module1. 2 Facilitated panel discussion between doctors to share their experiences		
SATURDAY (13-03-2021)	169. AN13.3-4 - (L) Other Joints of Upper Limb.	170. PHYSIO-HAEMAT LAB (BATCH-C) (PY 2.13) Reticulocyte count. PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-B) (BI 11.2) Preparation of Buffers &		171. PY 2.5 (VI-HI, PA-BI) (AITo-Anaemia)	172. AN 12.7-12-(L) Palm.	173. CM 1.1 Tutorial	174. FC- 6.0 Sports	

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2020


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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYME

Prof (Dr.) M.M. Khan
Ref: CIMSH/FEB/2021/

Prof (Dr.) R.R. Sukul
w.e.n.: 01.02.2021

Date: 15.01.2020

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HEM.

DAYS	5pm -6pm
MONDAY (08-03-2021)	175. AN 10.12-SDL Shoulder Joints.
TUESDAY (09-03-2021)	176. AN 10.5 – (SDL) Brachial Plexuses
WEDNESDAY (10-03-2021)	177. AN SPORTS
THURSDAY (11-03-2021)	178. AN 12.7 – (SDL) Radial Nerve.
FRIDAY (12-03-2021)	179. PY SPORTS
SATURDAY (13-03-2021)	180 PY 2.5 - (SDL) Anemia.

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 25.01.2021

DAYS	9am – 10am	10am – 12 Noon	12 Noon - 1pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm – 5pm	
MONDAY (15-03-2021)	181. AN 13.5-6-SGD Osteology & radiological Anatomy of upper Limb.	182. PHYSIO-HAEMAT LAB (BATCH-A) (PY 2.13) Reticulocyte Count. PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-C) (BI 11.2) Preparation of Buffers & Estimation of pH	L U N C H	183. PY 2.11 - (L) Blood Group	184. AN 12.12 – 15 - (P) DISSECTION Palm & Dorsum Of Hands		185. FC - 6.0 Sports	
TUESDAY (16-03-2021)	186. 4C/FC 4.2 Professional Qualities & Roles of Physician (Dr. Jaigam Abbas)	187. 5D/FC 5.4 Computer (use of snipping tool) (Mr. Manish Verma, Mrs. Anju Tiwri & Mr. Javed Akhtar)		188. 4E/FC 4.5 Empathy in patients encounters [Dr. Manoj Johri, Dr, Tarim Usmani]		189. 5D/FC 5.5 Computer (How to access online resources) (Mr. Manish Verma, / Mr. Javed Akhtar), Dr, Shailesh]		
WEDNESDAY (17-03-2021)	190. BI 2.4, 6 - (L) Enzyme- Inhibition & Regulation.	191. AN 13.5-6 - (L) Surface Anatomy of Upper Limb.		192. PY 2.6 - (L) WBC		193. AN 12.3 To 12.12 – (P) DISSECTION Palm		194. AN (L) Revision.
THURSDAY (18-03-2021)	195. PY 2.7-(L) Platelets: Synthesis & Functions.	196. AN 12.2-(L) Nerves & Vessels Of Forearm.		197. BI 5.2 - (L) Structure & Function of Haemoglobin.		198. AN 12.1,12.2 - (P) Dissection Forearm	199. 4F/FC 4.6 Various Components of Cultral competence . (Dr. Aditi)	200. AN – (L) Revision
FRIDAY (19-03-2021)	201. AN 13.7 - 8, - (SGD) Embryology of Placenta, develop Of Upper Limb.	202. PHYSIO-HAEMAT LAB (BATCH-B) (PY 2.11) DLC PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-A) (BI 2.2, 11.13) Est. Of SGOT, SGPT		203. AN 13.1-7 - (L) Osteology & Radiological Anatomy upper limb		204. BI 10.3 (SGD) Immunoglobulin.	205. 5B/ FC 5.2 Computer (Bar diagrams & Charts) (Mr. Manish Verma, Dr. Ashok Gupta)	206. FC-6.0 Sports
SATURDAY (20-03-2021)	207. AN (P) Tutorial	208. PHYSIO-HAEMAT LAB (BATCH-C) (PY 2.11) DLC PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-B) (BI 2.2, 11.13) Est. Of SGOT, SGPT		209. PY 2.10 – (SGD) Humoral, Cellular Immunity.		210. AN - (L) Revision	211. CM 8.3 - (L) Prevention of Anaemia.	212. FC-6.0 Sports

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AN: PY: BI: CM: E.C.E.: AETCOM: F.C- SKILLS: F.C- SPORTS & ECA: F.C.– LANGUAGE & COM: F.C. FIELD VISIT:



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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW (14)

TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021


Date: 25.01.2021

DAYS	5pm -6pm
MONDAY (15-03-2021)	213. BI 5.2 - (SDL) Abnormal Hb.
TUESDAY (16-03-2021)	214. AN 5.6 - (SDL) Osteology & Radiological Anatomy Revision of upper limb.
WEDNESDAY (17-03-2021)	215. PY SPORTS
THURSDAY (18-03-2021)	216. AN 12.2 - (SDL) Nerves & Vessels of forearm.
FRIDAY (19-03-2021)	217.. PY ECA
SATURDAY (20-03-2021)	218. PY 2.11 - (SDL) Blood Group-1

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021


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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

Date: 25.01.2021

DAYS	9am – 10am	10am – 12 Noon	12 Noon - 1pm	1pm-2pm	2pm – 3pm	3pm – 4pm	4pm – 5pm
MONDAY (22-03-2021)	219. AN 13.1 – 7 - (L) Osteology & Radiological Anatomy Revision of upper limb.	220. PHYSIO-HAEMAT LAB (BATCH-A) (PY 2.11) DLC. PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-C) (BI –L) Revision	L U N C H	221. PY 2.8 - (L) Coagulation Disorders- 1	222. AN 12.12 -15 - (P) DISSECTION: Palm & Dorsum Of Hands Revision.		223. FC-6.0 Sports
TUESDAY (23-03-2021)	224. PY 2.8 - SGD Coagulation Disorders-2	225. AN 13.1 -7 - (L) Surface Anatomy of Upper Limb. Revision.		226. AN 10.2-4 (L) Veins & Lymph. Of Upper Limb	227. PY 2 - PBL Revision bleeding & Clotting disorder	228. BI 6.9 -10 (HI-PY, VI-G. Med) Iron Metabolism.	229. AN 10.2 (SDL) Veins Of Upper Limb
WEDNESDAY (24-03-2021)	230. BI 10.4 - (L) Immune Response	231. AN 79.1 -6 - (L) Embryology 3 rd to 8 th week		232. CM 1.3 (L) Disease Dynamics	233. AN 10.5, 10.6 E. C. E. CASE Resolution Classroom Sessions Thoracic Outlet Synd		
THURSDAY (25-03-2021)	234. PY 2.9 - (L) Blood Group-1	235. AN (P) Tutorial.		236. BI AETCOM 1.4 Visit to lab	237. AN 12.12. - 15 - (P) DISSECTION -Revision, Palm & Dorsum of hands		
FRIDAY (26-03-2021)	238. 2F/FC 2.9 Awareness of significance of documentation (Dr. Ashok Gupta)	239. PHYSIO-HAEMAT LAB (BATCH-B) (PY 2.11) RBC Revision PHYSIO-HUMAN/EXP. LAB (BATCH-C) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-A) (BI –L)Revision.		240. AN 70.1-2- (P) Histology : Lymphoid Organs.	241. BI 2.5, 11.17- (L) Isoenzymes, Enzymes Of Clinical Importance	242. PY 2.9 – (SGD) Blood Group-2	243. FC -6.0 Sports
SATURDAY (27-03-2021)	244. AN (L) Seminar.	245. PHYSIO-HAEMAT LAB (BATCH-C) (PY 2.11) RBC Revision PHYSIO-HUMAN/EXP. LAB (BATCH-A) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-B) (BI –L)Revision		246. PY 2.9 - (SGD) Blood Group Revision.	247. AN 70.1-2 - (P) Histology Of Lymphoid Organs. Revision	248. CM 1.5 - (L) Prevention & Control Of Disease.	249. CM 1.5 Self Directed Learning (SDL) Disease Control

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021

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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW

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TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2020-2021)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021


Date: 25.01.2021


DAYS	5pm –6pm
MONDAY (22-03-2021)	250. PY 2.11 - (SDL) Blood Group
TUESDAY (23-03-2021)	251. BI ECA
WEDNESDAY (24-03-2021)	252. BI 10.4 SDL Immune response
THURSDAY (25-03-2021)	253. BI ECA
FRIDAY (26-03-2021)	254. AN 12.7-13 SDL Radial nerve & Artery
SATURDAY (27-03-2021)	255. AN 12.3-6 SDL Carpal Tunnel Syndrome

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021


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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW (17)

TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2019-2020)

BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.

Ref: CIMSH/FEB/2021/

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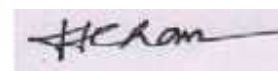
Date: 25.01.2021

DAYS	9am - 10am	10am - 12 Noon	12 Noon - 1pm	1pm-2pm	2pm - 3pm	3pm - 4pm	4pm - 5pm
MONDAY (29-03-2021)	HOLI			HOLI			
TUESDAY (30-03-2021)	256. PY 2.7 – (SGD) Platelet Revision	257. AN 13.1-7 - (L) Osteology & Radiological Anatomy Revision of Upper Limb.	L U N C H	258. AN (L) Seminar	259. PY (P) Tutorial.	260. BI 6.2 - (L) Reaction involving nucleotides	261. FC-6.0 Sports
WEDNESDAY (31-03-2021)	262. BI 6.5 - (L) Vitamins K Thiamin, Riboflavin & Niacin	263. AN 14.1-14.4 – (L) Introduction: Lower Limb.		264. PY 8.1 -6 - (L) Introduction : Endocrinology.	265. AN - (P) Revision.		
THURSDAY (01-04-2021)	266. PY (P) Tutorial.	267. AN 14.1-14.4 - (SGD) Introduction to Lower Limb Revision		268. BI AETCOM1.3 SDL- Review by Students	269.3A/FC 3.1 National Programme of group dynamics/working within health care system/personal hygiene. (Dr. Col. Azam Khan & Dr. Mandira Sharma)		
FRIDAY (02-04-2021)	270. 4I/ FC 4.10 Doctor Patient relationship (Dr. M.M .Khan)	271. FIRST INTERNAL ASSESSMENT		272. AN – (L) Feedback session	273. BI - SGD Revision		
SATURDAY (03-04-2021)	274. 5A/ FC 5.1 Communication with patients, Seniors teachers and faculty [Dr. Jaigam Abbas]	275. FIRST INTERNAL ASSESSMENT		276. PY – (L) Feedback session	277. BI -PBL Revision		

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Principal & Dean

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW (18)

TEACHING SCHEDULE FOR M.B.B.S. – FIRST PROFESSIONAL STUDENTS (BATCH 2019-2020)


BLOCK-I: GENERAL ANATOMY & UPPER LIMB, GENERAL PHYSIOLOGY & MUSCULOSKEL. SYS. & BLOOD, GENERAL BIOCHEMISTRY, ENZYMES & Hb CHEM.


DAYS	5pm -6pm
MONDAY (29-03-2021)	HOLI
TUESDAY (30-03-2021)	278. AN Sports
WEDNESDAY (31-03-2021)	279. PY 2.2 SDL Plasma Protein
THURSDAY (01-04-2021)	280. PY Sports
FRIDAY (02-04-2021)	281. BI 6.2 SDL Reaction Involving Nucleotides.
SATURDAY (03-04-2021)	282 AN 70.12 SDL Histology-Lymphoid Organs

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 BATCH-A: R. No 1-33 BATCH-B: R. No 34-66 BATCH-C : R. No 67-100 VENUE: L.T.-1

AN: ■ PY: ■ BI: ■ CM: ■ E.C.E.: ■ AETCOM: ■ F.C- SKILLS: ■ F.C - SPORTS & ECA: ■ F.C.– LANGUAGE & COM: ■ F.C. FIELD VISIT: ■

SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021


Prof (Dr.) M.M. Khan
 Dean & Academics


Prof (Dr.) R.R.Sukul
 Principal & Dean

CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW (19)

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Ref: CIMSH/FEB/2021/

w.e.f.: 01.02.2021

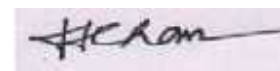
Date: 25.01.2021

DAYS	9am - 10am	10am - 11 am	11am - 12 pm	12 Noon - 1pm	1pm-2pm	2pm - 3pm	3pm - 4pm	4pm - 5pm
MONDAY (05-04-2021)	283. AN - (L) Revision.	284. PHYSIO-HAEMAT LAB (BATCH-A) (PY 2.11,13) BT/CT & Platelet count.. PHYSIO-HUMAN/EXP. LAB (BATCH-B) (PY 3.18) Charts (GP & Muscle). BIOCHEMISTRY LAB (BATCH-C) (BI 11.9) Est. Of Serum TotalCholesterol & HDL		L	285. PY PBL Blood – Revision	286. AN 70.1-2 - (P) Histology Of Lymphoid Organs Revision		
TUESDAY (06-04-2021)	287. FIRST INTERNAL ASSESMENT		288. 5B/FC 4.4 Computer (Bar diagrams & Charts) (Mr. ManishVerma, Dr.Gunjan Katiyar)	U	289. PY2.6 – (SGD) WBC Formation Revision	290. BI - PBL Revision		
WEDNESDAY (07-04-2021)	291. FIRST INTERNAL ASSESMENT			N	292. PY – SGD Revision	293. BI - SGD Revision		
THURSDAY (08-04-2021)	294. FIRST INTERNAL SSESMENT		295. 5A/ FC 5.1 How to communicate with patients) [Dr. Pushpalata)	C		296. BI -PBL Revision		
FRIDAY (09-04-2021)	297. FIRST INTERNAL ASSESMENT		298. 5A/ FC 5.1 How to communicate with patients) [Dr. Ashok kumar Mishra)	H	299. 4D/ FC 4.3 Role of honesty & respect during interaction with peers/ Seniors) [Dr.Tabrez Alam]	300. BI - SGD Revision		
SATURDAY (10-04-2021)	301. FIRST INTERNAL ASSESMENT		302. 4D/ FC 4.3 Role of honesty & respect during interaction with peers/ Seniors) [Dr. Stuti Tandon]		303. PY – SGD Revision	304. BI - PBL Revision		

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021



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CAREER INSTITUTE OF MEDICAL SCIENCES & HOSPITAL, LUCKNOW (20)

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DAYS	5pm –6pm
MONDAY (05-04-2021)	305. BI ECA
TUESDAY (06-04-2021)	306. AN 79.1-6 – (SDL) Embryology 3 rd to 8 th week.
WEDNESDAY (07-04-2021)	307. AN SPORTS
THURSDAY (08-04-2021)	308. PY 2.8 (SDL) Coagulation disorders.
FRIDAY (09-04-2021)	309. BI 10.4 (SDL) Immune response
SATURDAY (10-04-2021)	310. PY SPORTS

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SUMMER VACATION: 20TH JUNE TO 30TH JUNE, 2021


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